

# Bulletin

at the gate

#salonselfie

Win Free Treatments  
Every Month



LVL  
Lashes  
Natural, Safe  
& Long  
Lasting

**Who are the iiaa?**

Read about the  
Powerhouse  
behind Environ,  
Jane Iredale  
and ANP

**August Offers - Lashes,  
Waxing & Facials**

**Game of Thrones Star**

# Emilia Clarke

gets much needed sun protection  
advice from Therapist Megan Volley



**Jane Iredale Masterclass  
Events at Beauty at the Gate**

**Free RAD SPF15  
with ANY Environ Facial**



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*Welcome to our August bulletin,*

*This month we're taking an in-depth look at the iiaa which stands for International Institute for Anti-Ageing, the UK distributor of three of our favourite brands – Environ, Jane Iredale and Advanced Nutrition Programme.*

*Environ's Hydrating Oil Capsules are reviewed by Ali Smith of East Coast Wines, see what she thought on p9.*

*Think Bubbles owner, Kristina Smith tells us the five things she can't live without and we are giving away treatments for some of the fabulous Salon Selfies that you've shared with us.*

*Our Q&A this month is with Megan and we have features on LVL Lashes and Lycon waxing.*

*We also like to have a bit of fun here at BATG so there is a chance to win a free treatment if you can spot something in the bulletin that just doesn't seem right. You can enter on our Facebook page when the issue is published!*

*Fiona Durkin  
Editor*



August is a great month for offers so why not take advantage? We have 20% off LVL Lashes, 10% off Lycon Intimate Waxing and the Angelic Ritual A-Lift Facial is just £40 (a saving of £9). We also have a fabulous Elemis gift set to give away when you book any 60 minute facial along with an Elemis back massage and a free Environ RAD Sunscreen SPF 15 (RRP £19.95) with any Environ facial.

## News at the Gate

August is a busy month for us at BATG, with lots of new and exciting things coming up:

We are also delighted to welcome Lindsey as the latest BATG Therapist. Lindsey joins us from a salon in Gainsborough where she has worked for the last 7 years, 4 of which were as a Senior Therapist. She was instrumental in the salon winning a National Award from their skincare provider, we're sure she will fit in well and she's really excited about getting to meet all our clients.



**Our new therapist Lindsey**

We're having a major make-over! Work is about to begin on creating our new treatment room which is a much needed addition to Beauty at the Gate, it will give us 3 large rooms so we can provide more results driven treatments.

We'll also be introducing some new advanced anti-ageing treatments to keep you looking younger for longer. Launching in October we will have a brand new range of more clinically based treatments to complement the Permanent Laser Hair Removal we launched recently at the salon.

It's not just the salon that's getting a makeover - we'll also be redesigning and revamping our website to keep you up to date with all our treatments, offers and news. The site will have a completely new and fresh look to reflect the direction the salon is moving in.



Now that we have 4 HD Brow Pro-Stylists in the salon we will be offering an extended treatment. Extra attention is paid to tailoring the brow to your individual features and face shape. The 45 minute treatment also focuses more on the application of HD Brow make up to give your brows added definition along with advanced homecare advice and technical tips.



# In-Depth with BATG Therapist Megan-May Volley

Megan joined us here at Beauty at the Gate last year having worked abroad for Hilton Hotels. A strong character who believes in what she does with a passion, she has brought with her a desire and determination to succeed along with a very sharp wit!

**How long have you worked at BATG?**  
Since November 2014

**What first attracted you to BATG?**  
Because it had a reputation for excellence! I wanted to be part of a team where I could grow and further develop as a therapist. I didn't want to work for a mediocre salon, I wanted to work for the best and be the best!

**What's the best thing about working at BATG?**

It's such an exciting place to work; it's always moving forward and progressing. I love the diversity of products and treatments available. Each salon offers a different experience for both the client and the therapist. I've also never experienced the amount and level of training that we receive, it's unparalleled and I have more qualifications in the short time I have been at BATG than everywhere else put together.

**Where did you train as a therapist?**  
I trained at the Louth Graduate Salon which is part of the Grimsby Institute

**What made you want to become a therapist?**  
I have a passion for enhancing natural beauty and like to empower women by making them look and feel their best so they feel more confident in who they are.

**Where did you work previously?**  
I worked in a spa and for many different hotels but I was mainly based in Hilton Hotels abroad in places like Egypt.

**What would you like to achieve as a therapist?**  
I'd like to be recognised within the industry as a top beauty therapist. I want to achieve excellence and continue progressing whilst remaining passionate and proud of my work.

**What's your favourite treatment and why?**  
Facials are my favourite as I have a passion for skincare and I enjoy the science behind it. I love results driven treatments and passing on my knowledge and understanding of the skin to clients.

**What's your favourite beauty product and why?**  
It would have to be moisturiser because I couldn't live without it. You wouldn't go a day without drinking water so you shouldn't go a day without hydrating your skin. It's not just a short term thing – the benefits of hydrating your skin will be visible years in the future.



**What's your favourite perfume and why?**  
Lady Million by Paco Rabanne is my favourite – it's vibrant and bold with a hint of spiciness and warmth. The scent is intriguing, fresh and has a hint of femininity.



**If you could choose anybody to treat who would it be and why?**  
I would choose Emilia Clarke, the actress who plays Daenerys Targaryen in Game of Thrones, to have the Environ Active Vitamin facial. She's always in the sun in Game of Thrones so she needs the facial to protect against pigmentation and sun damage. She also needs to wear RAD Sunscreen whenever she's out in the sun to protect against the sun and free radicals. I'd also recommend AVST Moisturiser for her and maybe a pedicure as she does so much walking in Game of Thrones!



**What do you do to relax?**  
A long hot bath with candles and music relaxes me! Also being with friends for a good chat and watching films with my boyfriend and munching popcorn.

**What can't you get through the weekend without?**  
Chocolate, my Environ products and sleep!

**What is your most treasured possession?**  
It has to be my collection of My Little Ponies. I have over 100 including some rare Generation One Earth Ponies from 1982, these were followed by Pegasus, Flutter, Sea & Unicorn Ponies. Flutter Ponies were smaller and thinner than the others and had fluttering wings, which is why they are my favourite.



**What's your favourite holiday destination and why?**

Australia for so many reasons I couldn't mention all of them. The rain forests, deserts and ski fields. Right in the middle, the Red Centre, its hot and dusty desert then travel North East towards Cairns and it becomes lush rainforest with huge trees and beautiful waterfalls, head South and in the winter you can even ski! The wildlife is so diverse, the sunshine, the cities. Sydney, Melbourne and Brisbane are amazing – the beaches – Bondi beach is truly amazing but the East coast beaches truly take your breath away. The National Parks are fascinating and the sport in Oz is great – Aussies are sports mad! I love the amazing hotels and houses too!



# Lycon Precision Waxing

**Lycon waxing system is the ultimate waxing experience. Unlike other waxing methods, Lycon actually attaches itself to the hair and not the skin, so eliminating the excruciatingly painful experience that many people have suffered - enough to put you off waxing for life!**

Lycon removes even the most stubborn and shortest hair (as short as 1mm) from the root using its unique shrink wrapping technique, preventing ingrown hairs, leaving your skin totally smooth and hair free every time with very little discomfort or pain.

Its lower temperature makes it a much more comfortable experience and the results can be long-lasting - for up to 4 - 6 weeks.

Using only the finest resins, natural ingredients and aromatherapy oils, Lycon was established in Australia 25 years ago, it won the Guild Award of Excellence 2014 and has a well-deserved reputation as the crème de la crème of waxing. It has a whole host of celebrity fans including Victoria Beckham, Sienna Miller and Minnie Driver to name but a few and is used by salons and spas all over the world for its superior results.

Throughout August we're offering 10% off Lycon Intimate Waxing so book your appointment today - we promise

you will be amazed at the difference compared to other waxing systems. Because there's so much mystery around what's what with different styles of intimate waxing - and it can be a bit embarrassing to ask - here's our guide to intimate waxing:

**Basic bikini** - Hair is removed from the top and the sides of the bikini area leaving it neat and tidy.

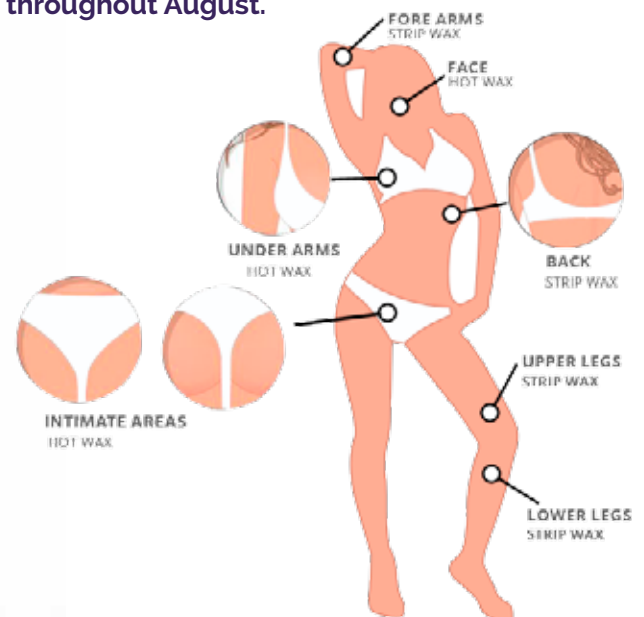
**Californian** - Also called Extended Bikini wax. This is a high leg bikini wax, removing hair on the bikini line and the inner thigh. This is suitable for high-cut underwear or swimwear.

**G-String** - Also known as a Thong wax. This is a very tight bikini wax, which leaves a thin strip of hair (2-3 finger width) from the front of the bikini. All hair from the bum is removed.

**Brazilian** - The Brazilian is the removal of hair from the front, back and area in between, leaving only a thin strip at the front.

**Hollywood** - The Ultimate in intimate hair removal where all the hair is totally removed.

**Both the Brazilian and Hollywood services have 10% off throughout August.**



# Jane Iredale Make Up Event and Environ Skin Analysis Days

We hosted an in-salon Jane Iredale VIP Signature Look event with Pippa Perkins from the iiaa this month and some of our clients enjoyed a one-to-one, hour-long session, packed with tips and techniques to enable them to create the same look at home using the skin-friendly, mineral make-up range. Achieving the perfect base and applying a smoky eye look were the most popular requests of the day. Pippa tailored each makeover according to the client's individual



Emma with Pippa Perkins from Jane Iredale

Iredale make-up application and techniques, colour matching, creating bespoke looks and much more. Take advantage of Emma's expertise with a complimentary make-up application following your facial. Jane Iredale is known as the gold standard in mineral make-up and because the ingredients are natural minerals it is suitable for use immediately after treatments. Emma will also be available for free make-up consultations so book your appointment today.



Pippa gives Emma a smoky eye look

needs, introducing them to a range of products and brushes to guarantee easy to achieve, flawless glamour. Pippa is back for another Event Day on September 30th, call the salon to book in, it is completely free of charge and anyone who does purchase on the day will receive a Jane Iredale Goody bags packed with little treats.

Pippa is pictured here with BATG receptionist Emma who has just completed a four day intensive training course in Jane

The Environ skincare experts will be back in the salon on 10th August providing skin analysis and recommending a skincare regime tailored to your individual needs. Your skin will be analysed using the Visia skin scanner which shows the condition of your skin beneath the surface, revealing areas of sun damage and signs of ageing that are not visible to the naked eye. The scanner identifies which areas are of concern to you now enabling us to recommend specific products to correct these concerns and tackle skin ageing symptoms before they become apparent.

The Skin Analysis Team from the iiaa will be in the salon every month from now until December, watch out for the dates as we announce them on Facebook and in future issues of the bulletin.



Environ Skin Analysis



## The iiaa - International Institute for Anti-Ageing

**Appointed as Environ Skin Care's sole UK distributor in 1994, Tracy Tamaris and her husband David Alpert's company Wholeview Ltd, quickly became one of the brand's most successful global distributors. Following on from this success, the company grew and the next key phase in its development was the establishment of the International Institute for Anti-Ageing (iiaa) in 2004.**

The aim of iiaa was to empower beauty professionals to remain at the forefront of the industry, through educational courses and seminars, and providing the cutting edge information, skills and tools needed to deliver exceptional results for their clients.

Having launched in the US in 1994 and with low level distribution in the UK, in 2002 Jane Iredale approached David to sell and expand the market for her skincare focused mineral make-up in the UK. This proved to be a fantastic addition to the range, enabling the iiaa to offer stockists a natural mineral make-up which allowed the skin to function healthily while adding glamour, with a comprehensive range of products, colours and finishes.

As the success of the iiaa grew, the company launched the Advanced Nutrition Programme

in March 2006. This is iiaa's first home-grown brand and focuses on achieving beautiful skin by nourishing from within with a focused range of beauty supplements.

The iiaa has seen amazing growth and success and now boasts over 150 staff. In 2015 iiaa earned a place in the London Stock Exchange '1000 Companies to inspire Britain' list as one of the UK's fastest-growing and most dynamic small and medium sized wholesale businesses.

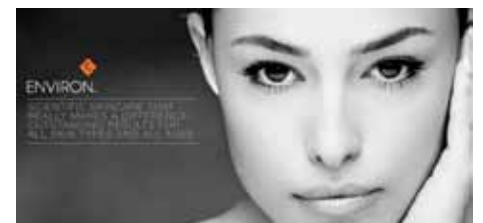
Beauty at the Gate enjoys a close working relationship with the iiaa, we share the same ethos and belief in providing our clients with the most effective treatments and skin care products available. We were delighted when National Sales Manager Laura Walker & Environ Sales Director Louisa Webb visited the salon earlier this year for a spot of pampering.

The iiaa distribute three exceptional brands; Advanced Nutrition Programme, Environ and Jane Iredale under the Feed, Fortify, Finish ethos. They believe in feeding skin with nutritional supplements, fortifying it with topical skincare and finishing it with mineral make-up. This holistic approach leads to radiant, healthy skin.

All three brands are available at Beauty at the Gate and we are one of the UK's largest stockists of Environ products. We regularly hold in-salon events where our

clients can meet Environ, Advanced Nutrition Programme and Jane Iredale experts from iiaa, for skin analysis consultations and personalised make-up tutorials.

iiaa Managing Director David Alpert says "We founded the iiaa to empower skincare professionals to achieve the best results for their clients." Constant innovation has kept the iiaa at the forefront of the beauty industry with the dual values of results and integrity at the core of their business.



**Environ®, Skincare That Makes a Difference**

Environ is the brain child of renowned cosmetic surgeon, Dr Des Fernandes, and contains a unique combination of active ingredients to protect and nourish the skin.

The results driven formulations are packed with powerful antioxidants and active vitamins A and C to help improve the appearance of lines, sun damage, problem skin, uneven skin tone and dryness.

Environ products deliver results like no other skincare range on the market,

it has become the brand of choice for those in the know and is used by celebrities and skincare experts alike. Celebrity fans of Environ are more than happy to enthuse about the impressive results – here are some of the most recent quotes:

Actress Kate Winslet recently revealed in Harper's Bazaar that Environ is part of her daily beauty routine: "To moisturise, I use Environ's C-Boost in the morning."

Model and fashion columnist, Alex Gerrard: "I'm using a new skin care range called Environ, which is great for keeping my skin hydrated." OK! Magazine

The range can be boosted with salon treatments using the Environ lonzyme®DF machine which helps to promote the penetration of products deeper into the skin.

One facial with an Environ lonzyme®DF machine is the equivalent to multiple manual facials.

Environ recently launched the Collagen Power Facial – a collagen stimulating treatment using the latest peptide serum. The treatment was formulated by Dr Fernandes with the aim of mimicking the lifting and plumping effect, that has previously only been achieved using surgery.



### Jane Iredale - Beauty with Brilliance

Jane Iredale mineral make-up provides flawless coverage whilst caring for the skin. The range is formulated using only the purest grade minerals with natural light reflecting pigments to create a gorgeous soft-focus effect. The highly effective range is used by both professional make-up artists and celebrities the world over. Jane Iredale was the first mineral make-up available in the UK to provide a full coverage. It is known as the Rolls Royce of mineral make-up brands.

The range has skincare benefits that you don't get with other make-up. The natural mineral foundation actually allows your skin to breathe, unlike non-mineral formulations

which often contain pore blocking oils and other synthetic ingredients which aren't great for the skin.

- **No harsh chemicals – paraben free**
- **No artificial dyes**
- **No fillers**
- **No talc**

The products are easy to use and multi-functional – the mineral powder is a foundation, powder, concealer and sunscreen all-in-one. The range was developed for use by those with sensitive and problem skin, inspired by Jane Iredale's experience of working in the entertainment industry and seeing actresses and models struggling with skin problems caused by the effects of wearing so many different kinds of make-up for work.

The range is so pure it can be used immediately after treatments and is recommended by cosmetic doctors, skincare experts, make-up artists and has a huge celebrity following:

In an interview in the Saturday Express magazine, Sandra Bullock was asked... What's your favourite item in your make-up bag? 'I like to look like I've been out in the sun even though I hide from the sun at all times and wear a high SPF. I use a tinted moisturiser by Jane Iredale called Glow Time as it gives me a healthy glow without looking like I'm heavily made up.'

Jessica Alba the Fantastic Four actress talks about some of her favourite Jane Iredale make-up choices in her book. She says "Jane Iredale Pure Pressed Base is a great option for an all-over matte finish." She is also a "fan of Jane Iredale's 24-Karat Gold Dust, for special occasions" and often will mix a little into her body lotion to create "a subtle shimmer that makes lumps and bumps a tad less noticeable".



### Advanced Nutrition Programme – Beautiful Skin Starts From Within

When it comes to healthy skin, what you put inside the body can be as important as what you apply topically.

The Advanced Nutrition Programme is a cutting edge range of supplements that support your skincare regime, maximising the benefits of topical products and salon treatments by nourishing from within.

The supplements are formulated using only the finest, purest ingredients in a form that is easily absorbed by the body. A team of pharmaceutical and nutrition consultants select the highest quality ingredients, and the fish are scrupulously screened for pollutants.

These supplements are designed to maximise the benefits of topical products and salon treatments by nourishing from within. Great nutrition is the first step towards great skin. By nourishing from the inside you turbo boost the effects of your skincare regime while achieving maximum long term benefits.

The Advanced Nutrition Programme™ is one of the highest quality supplements on the market today. Made in the UK, all nutrients are rigorously tested, exceeding industry standards.

We have six fully trained Environ therapists and Emma has recently completed a four day Jane Iredale make up course.





**LVL Lashes has become one of the most popular treatments here at the salon, favoured by those of you who love a full lashed look. LVL enhances your natural lashes to make the most of your natural beauty and really make your eyes "pop" without the use of extensions or perming. It's a revolutionary natural lash treatment that's taking the beauty industry by storm. Wake up with fantastic looking lashes – LVL adds natural Length, Volume and Lift so you could be saying goodbye to mascara for good!**

Unlike a traditional lash perm, LVL Lashes straightens your natural lashes at the root, lifting the lash and creating the illusion of longer, thicker lashes. Your lashes will be tinted to create the effect of mascara so you're lash perfect as soon as you wake up.



**Katie Waddingham from Scartho with HD Brows and LVL Lashes**

There's no need for harsh chemicals which are used in perming or extensions that are attached to the lash with adhesive, both of which can leave you with sparse or damaged lashes.

LVL is a truly modern way to enhance your natural lashes safely without causing lasting damage. Using an innovative technique to gently lift and straighten the lashes, silicone shields are used

instead of rods, these are far more comfortable during the treatment and much kinder to your lashes. Another key difference is that the LVL formulation actually straightens the lash rather than curling it, resulting in a superior lift, added volume and longer looking lashes.

The treatment takes just 50 minutes and can last up to 6 weeks - you don't even need to wear mascara with this fantastic lash enhancing treatment. The results are immediate and after care is minimal, just avoid getting your lashes wet and no steam or heat for 24 hours following treatment, no further maintenance is needed.

All our therapists are trained to the highest level with Nouveau Lashes so you can be safe in the knowledge that you and your lashes are in the best hands possible. LVL is loved by celebrities and professional make-up artists alike:

.....  
"LVL is one of the quickest ways to brighten and lift your entire face"

**Lisa Eldridge**  
**Celebrity Make-Up Artist**

.....  
Please note a patch tint test is required 48 hours before your appointment. We provide a patch test postal service so you don't have to visit the salon prior to your appointment where time permits.





# PRODUCT REVIEW

## Environ Hydrating Oil Capsules

These capsules are the perfect 'pick-me-up' for dry and lacklustre skin that needs more than your usual moisturiser. Perfect for using the night before an event to ensure your skin has an extra glow the following day.

Each capsule contains low levels of Retinol (Vitamin A) along with antioxidants like Vitamin C, Vitamin E, Green Tea Extract and Rosemary Leaf Extract to leave skin silky smooth and hydrated. This combination of ingredients helps to energise and hydrate the skin whilst building and strengthening skin cell walls, lifting and firming the skin.

Use for one month as a booster treatment or when needed for extra hydration.

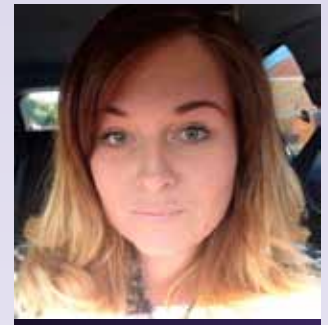
We asked Ali Smith of Louth based East Coast Wines to try Hydrating Oil Capsules to help with dry skin. Here's what she thought:

"After using Environ Intensive Hydrating Oil Capsules for only a few days, I am delighted with the instant changes to my skin. I was told not to panic when I first used the capsules as they can appear to be very oily and sit on the surface, but within a couple of minutes the oil was fully absorbed and by the morning my skin was silky soft with no dry patches.

I have extremely dry skin and have found with most moisturisers they seem to sit on the surface leaving it feeling very greasy and not making any difference to the appearance. I will definitely be looking at purchasing other products in this range.



Hazel Addison



Becki Taylor



Natalie Moxon



Charlotte Lord

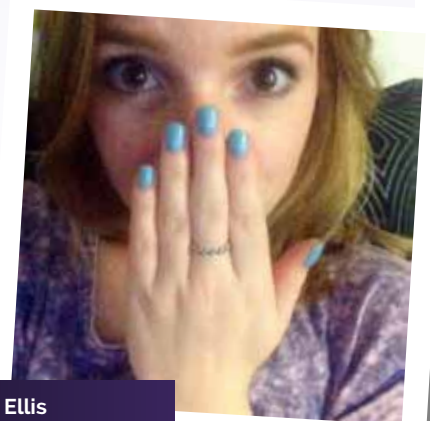
## #Salons selfie at the Gate

**Every month we receive about 100 customer reviews through our salon software letting us know just how we are doing and how the girls are performing.**

However some of our wonderful clients are giving us back a little bit more in the form of a post treatment selfie. We love these and will choose our top 5 from each month and 4 of them will all receive 50% off their next treatment. Our favourite will receive a free treatment.

We've looked back over the last 2 months and our 1st winner is Katy Ellis of Grimsby. The ladies pictured above all receive 50% off their next treatment; Becki Taylor of Grimsby, Hazel Addison of Louth, Charlotte Lord from Immingham & Natalie Moxon from Healing.

So get snapping when leaving us your reviews to be in with a chance of some free or discounted treatments!



Katy Ellis

## CHALLENGE JEMMA

Every month we run a competition on Facebook to Challenge Jemma, our resident Nail Tech, with your favourite nail art design. The more elaborate the better! Submit a picture of the design on our Facebook page and Jemma will pick the winner who will be invited to Room at the Gate to have the design recreated. The winner must be available within 2 weeks of the competition close. Pictured is this month's winning design, submitted by Chloe Watcham

Jemma recreated the design using the 1 stroke Nail Art technique that she and Lucy learnt recently on a course with 12 times UK Nail champion Gemma Lambert. Jemma said of the days training:

"One Stroke nail art has become a very popular nail technique within the industry. It's about colour blending and creating beautiful nail designs in one easy movement. Gemma Lambert is an award winning nail technician and an international educator. She has competed in over 50 Competitions and has 15 years experience under her belt.

Lucy and I were very excited to be able to learn a new skill. To be able to have the best training and support behind us is an amazing perk. It pushes us to try our best & to learn new techniques and trends that we can bring to the salon. We also brought lots of goodies home too including Swarovski crystals which are so sparkly - no camera does them justice.

We have learnt a combination of different flowers including pansies and roses with really fine detailing. We were also shown butterflies, leaves, ribbons and bows which can all be incorporated into our Shellac and Gel manicures.

Having Gemma teach us was very inspirational, she put us at ease and the way she taught us was great as there was no pressure. Also being able to see her work up close and personal was amazing. We both had such a great day."



## Five Things I Can't Live Without

**Kristina Smith, owner of Think Bubbles at The Point, Sea View Street in Cleethorpes, tells us the five things she can't get through life without.**

**Tea Bags.** I always need tea bags, I definitely could not keep going without a cup of tea. If I only had one tea bag left I would keep using it!



**Water** – I get through loads of bottled water.



**Face cream.** I need my moisturiser. I like Nivea but it could be any.



**A scarf.** I have to have a scarf for comfort. I like to wrap them around me in all directions

**My children!** I've got seven children and I definitely couldn't live without them...and my family, they're the most important things in my life. We are a real-life Brady Bunch



Tina has run Think Bubbles for over 20 years, selling high fashion labels such as Marc Cain and ChloBo jewellery. The boutique is firmly on the fashion map in Cleethorpes and definitely the place to go for straight off the runway looks and one-to-one service from Tina. She loves dressing women in beautiful clothes and would much rather dress someone else than herself! She gets great satisfaction from dressing someone for the lifestyle they lead and making life much easier – providing a personal stylist service for busy business ladies or those in need of a bit of a style overhaul.

# Beauty at the Gate Price List

## Facials created by *Samantha Beatty*

THE Facial 90 minutes .....	<b>£65.00</b>
.....	<b>or £75.00 with Samantha</b>
THE Advanced Acne Facial	
90 minutes .....	<b>£65.00</b>

## Laser Hair Removal

Initial consultation - 30 minutes - £15.00

Redeemable against treatment

Chin .....	<b>£35.00</b>
Upper Lip .....	<b>£35.00</b>
Upper Lip & Chin .....	<b>£60.00</b>
Sideburns .....	<b>£35.00</b>
Hands & Fingers .....	<b>£40.00</b>
Underarms .....	<b>£50.00</b>
½ Arm .....	<b>£50.00</b>
Full Arm .....	<b>£90.00</b>
½ Leg .....	<b>£90.00</b>
Full Leg .....	<b>£150.00</b>
Buttock Crease .....	<b>£40.00</b>
Buttocks .....	<b>£75.00</b>
Bikini .....	<b>£50.00</b>
Extended Bikini .....	<b>£60.00</b>
Thong .....	<b>£70.00</b>
Hollywood/Brazilian .....	<b>£90.00</b>

**15% OFF ALL courses of 6 Treatments**

## Environ

Environ Introduction .....	<b>£40.00</b>
60 Minutes	
Precision Express .....	<b>£30.00</b>
Treatment 30 Minutes	
Purifying Express Treatment .....	<b>£30.00</b>
30 Minutes	
Ionzyme Active .....	<b>£49.00</b>
Vitamin Facial 60 Minutes	
Advanced Active .....	<b>£59.00</b>
Vitamin Facial 80 Minutes	
Collagen Power Facial 60 Minutes .....	<b>£59.00</b>
Environ Cool Peel .....	<b>£54.00</b>
Treatment 60 Minutes	
Ionzyme HydroBoost .....	<b>£55.00</b>
Facial 60 Minutes	
Ionzyme Frown .....	<b>£59.00</b>
Treatment Facial 45 Minutes	
Ionzyme Body Sculpt .....	<b>£50.00</b>
Treatment 60 Minutes	

## A Lift

Miracle Moments 30 Minutes .....	<b>£30.00</b>
Angelic Ritual - Lifting .....	<b>£49.00</b>
Non-Surgical Facelift Treatment	
50 minutes	
Pure Zenergise .....	<b>£59.00</b>
A Candle-Lit	
Supercharger 75 Minutes	
Divine Indulgence: .....	<b>£64.00</b>
The Ultimate A-Lift	
Experience 90 Minutes	

## Elemis

Skin Specific Facial .....	<b>£45.00</b>
Modern Skin Facial .....	<b>£45.00</b>

## Skin Solution Facials

Modern Skin Facial .....	<b>£45.00</b>
60 Minutes	
Oxygen SkinCalm Facial .....	<b>£45.00</b>
- For Sensitive Skin 60 Minutes	
S.O.S. Purifying Facial .....	<b>£45.00</b>
- For Oily/Congested & Problematic Skin 60 Minutes	

## Anti-Ageing Facials

Pro-Collagen Quartz Lift .....	<b>£50.00</b>
Facial - For Fine Lines and Wrinkles 60 Minutes	
Tri-Enzyme Resurfacing Facial ....	<b>£50.00</b>
60 Minutes	
Visible Brilliance Facial .....	<b>£50.00</b>
For Ageing, Stressed & Slackened Skin 60 Minutes	
Face & Body Sensation .....	<b>£55.00</b>
60 Minutes	

## Elemis Massage

Deep Tissue Muscle Massage .....	<b>£25.00</b>
30 Minutes	
Full Body 60 minutes .....	<b>£40.00</b>
Face and Body Sensation .....	<b>£55.00</b>
60 Minutes	

## Elemis Body

Exotic Lime and Ginger .....	<b>£30.00</b>
Salt Scrub 30 Minutes	
Exotic Frangipani Nourish .....	<b>£40.00</b>
Wrap 45 Minutes	
Exotic Coconut Rub and .....	<b>£40.00</b>
Milk Ritual Wrap 45 Minutes	
Musclese Aroma Spa Wrap .....	<b>£50.00</b>
75 Minutes	

## Body Detox

Cellutox Aroma Spa Wrap .....	<b>£50.00</b>
75 Minutes	
Body Sculpting Cellulite and .....	<b>£45.00</b>
Colon Therapy 60 Minutes	
Face & Body Sensation .....	<b>£60.00</b>
60 Minutes	

## Collagen Stimulation Therapy

Initial Consultation 30 minutes .....	<b>£15.00</b>
Redeemable against treatment	
Initial Session 2 Hours .....	<b>£200.00</b>
CST Session 2 Hours .....	<b>£150.00</b>
Course of 6 treatments .....	<b>£850.00</b>
Prices include Homecare Products!	

## HD Brows

Standard HD Styling 30 Minutes ..	<b>£25.00</b>
Advanced HD Pro Styling	
45 Minutes .....	<b>£35.00</b>

## LVL Lashes

55 Minutes .....	<b>£40.00</b>
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## The Room at the Gate Nail Treatments

Gel Manicure .....	<b>£28.00</b>
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Gel Pedicure .....	<b>£30.00</b>
Shellac Manicure .....	<b>£22.00</b>
Shellac Pedicure .....	<b>£26.00</b>
Zoya Organic Manicure .....	<b>£22.00</b>
Zoya Organic Pedicure .....	<b>£26.00</b>
Jessica Prescriptive Manicure .....	<b>£22.00</b>
Jessica Prescriptive Pedicure .....	<b>£26.00</b>

## Nail Extras

File and Polish .....	<b>£15.00</b>
Colour Removal .....	<b>£2.00</b>
French Polish .....	<b>£5.00</b>
Repair from .....	<b>£5.00</b>
Effects/Glitter up to 2 nails .....	<b>£2.00</b>
Effects/Glitter more than 2 nails ...	<b>£5.00</b>
Nail Art from .....	<b>£5.00</b>
Gold Package .....	<b>£7.00</b>
Using our very own Champagne, Caviar and Gold Scrub, Gold Dry Oil and a glass of bubbly!	
IBX Nail Care System	
Initial Treatment 30 Minutes .....	<b>£15.00</b>
Maintenance 20 Minutes .....	<b>£10.00</b>

## Lycon Precision Waxing

Strip/Hot & Lycojet Waxing	
1/2 Leg .....	<b>£14.00</b>
Full Leg .....	<b>£20.00</b>
Full Leg & Bikini .....	<b>£23.00</b>
Full Leg & Californian .....	<b>£29.00</b>
Bikini Line .....	<b>£8.00</b>
Underarm .....	<b>£8.00</b>
1/2 Arm .....	<b>£10.00</b>
Full Arm .....	<b>£15.00</b>
Chin .....	<b>£6.00</b>
Upper Lip .....	<b>£6.00</b>
Eyebrows .....	<b>£10.00</b>
Upper Lip, Eyebrow & Chin .....	<b>£16.00</b>
Advanced Intimate Hot Waxing	
Californian (Also called .....	<b>£15.00</b>
Extended Bikini wax) 30 minutes	
G-String (Also called a Thong .....	<b>£20.00</b>
wax) 40 minutes	
Brazilian/Hollywood .....	<b>£30.00</b>
60 minutes	

## Electrolysis

15 minutes session .....	<b>£20.00</b>
30 minutes session .....	<b>£25.00</b>
45 minutes session .....	<b>£30.00</b>
60 minutes session .....	<b>£35.00</b>

## Tinting

Brow .....	<b>£8.00</b>
Eyelash .....	<b>£12.00</b>
Eyelash & Brow .....	<b>£15.00</b>

\*You will require a patch test 24 hours before the treatment.

## Holistic Treatments

Hopi Ear Candling 45 Minutes .....	<b>£25.00</b>
Indian Head Massage 30 Minutes ..	<b>£25.00</b>
Reflexology 60 Minutes .....	<b>£35.00</b>

## Therapist's Signature Treatments

Hannah's Glamorous Glow .....	<b>£45.00</b>
60 Minutes	
Melissa's Arabian Abyss .....	<b>£45.00</b>
60 Minutes	

# August Offers



## Lycon Intimate Waxing – Save 10% on Lycon Intimate Waxing throughout August

Lycon Precision Waxing is virtually painless and by far the most comfortable waxing system available for sensitive areas.



## LVL Lashes Save 20%– ONLY £32 – Minimum Fuss, Maximum Wow!

LVL Lashes uses an innovative technique to gently lift and straighten the lashes, giving you lashes that look thicker and more voluminous. No harsh chemicals, adhesive or damaging extensions, just stunning Lift, Volume and Length for your natural lashes for up to 6 weeks.



## Angelic Ritual A-Lift just £40 (usually £49)

This anti-ageing facial will give you a visible lift and tone in just 50 minutes. The perfect treatment for a special summer event or pre-holiday treat, it will leave you visibly lifted and glowing in under an hour!



**Elemis Gift Set Special Offer** – We are not only extending this amazing offer but opening it up to include any facial. Just book an Elemis Back Massage with any facial and receive the gift set FREE of Charge!



## Opening Hours

<b>Monday – Friday</b>	9.30am – 8.30pm
<b>Saturday</b>	9.30am – 5.00pm
<b>Sunday</b>	11.00am – 4.00pm

We are open 7 days a week. Because we know how busy life can be. We're there for you when you need us, which is usually outside of office hours, when you're not working and the shops are closed. We know how hard it is trying to fit in some "me" time so we offer appointments every weekday up to 8:30pm, on Saturdays to 5.00pm and we even open on Sunday between 11am and 4:00pm.

Telephone: 01472 289555

