

# Bulletin

at the gate

## July Offers

Brows, Nails & Facials!

Louth Resident  
Lisa Crossland  
reveals how we have  
transformed her skin!

**LED LIGHT  
TECHNOLOGY  
WHICH COLOUR  
ARE YOU?**

Meet  
the Girls  
at the  
Gate

# Kate Middleton

BATG's Lucy Pearson  
creates nails fit for a princess

## HD BROWS



7 Steps to Perfect Brows

Anne Tate of the Hull  
& Humber Chamber of  
Commerce reviews our  
Gold Dry Body Oil



Welcome to July's edition of Bulletin at the Gate

This month Lucy has been working on nail designs fit for a Princess. She'd love to give the Duchess of Cambridge a manicure and recommends something a bit more daring than her usual understated nude tones. We're sure William would love her new nails but not so sure Her Majesty would approve. We also find out a little bit more about Lucy in our Therapist Profile.

We introduce our latest treatment, LED Light Therapy, read our guide on page 4 to find out which colour is right for you

Meet the Girls at the Gate and find out a bit more about the fabulous team of therapists behind the treatments provided here at the salon.

Read how one Louth resident avoided going under the knife by undergoing a course of treatments with us – the results are stunning!

Our July offers include HD Brows for just £20, the Environ Active Vitamin Facial for ONLY £40, a gel manicure for £26, Pedicure for £28 and because some of you missed out due to high demand, we've extended the amazing Elemis Facial and Massage offer with a FREE gift set for another month.

Fiona Durkin  
Editor

## We've won an Award!

We're absolutely delighted to have won the Phorest Client Experience Award – an accolade awarded for consistently high client reviews that's bestowed on just over 2% of salons in the UK and Ireland, making it even more special.

The award is based directly on our customer service reviews so it's lovely to know that we must be doing something right!

Phorest Salon Software is the booking system we use in the salon to collect and publish all our reviews on Facebook. After each salon visit our clients receive a text from Phorest asking them to rate the treatment out of five.

Since opening in December 2013 we have received 1142 client reviews through the system with an overall rating of 4.9 out of 5. We're immensely proud to have scored so highly!

We'd like to say a big thank you to all our lovely clients who take the time to review their experience with us – it really does mean a lot and we're aiming for 5 out of 5 next year!



Gemma Lambert, 12 times UK Nail Champion

## News at the Gate!

In order to ensure our therapists are up to date with the latest techniques and trends in nails, brows, lashes, skincare and make-up, they're constantly training to develop and update their skills. That way we can be confident that our clients are getting the best possible level of treatments by highly skilled, brand trained therapists. June and July are busy months for courses.

Samantha, Megan and Keeley all completed their training to join Lucy as HD Pro Stylists, which is a more advanced level of HD Brows training.

The training provided the girls with knowledge on how to create a much more bespoke look for clients, dealing with advanced shaping and make-up application techniques. To celebrate having 4 HD Pro-Stylists in the salon, HD Brows are only £20 throughout July. We will also be launching an extended HD Brow service incorporating the girl's new techniques.

Lucy and Gemma are attending the One Stroke nail art training with leading nail art technician and 12 times UK Nail Champion Gemma Lambert. They will be learning new techniques in colour blending including how to create different flowers, leaves, bows and butterflies.



Megan, Keeley and Lucy are training in Lycon intimate waxing.

Emma has completed a 4 day Jane Iredale make-up and application training course in Leeds and is attending a Customer Service Course in Manchester to further her skills.

We say goodbye to Emily for a few months and wish her good luck as she goes on maternity leave.

We will be hosting a Jane Iredale event on July 23rd from 12 – 7pm. Come along for make-up tutorials and advice from the mineral make-up experts. The event is by appointment only but is FREE to attend.

Our fantastic Elemis offer has been extended into July. We are offering a fantastic Elemis free gift set including the new Jasmine & Rose Hand and Nail Cream, British Botanical Shower Cream plus three other products in an Elemis beauty pouch worth over £50 when you book an Elemis Skin Specific Facial and Back Massage together.

We are one of just a few salons in the UK able to offer our clients the amazing Power Collagen Facial. We knew that it was going to be an amazing treatment so we stocked up on the Sono 312 serum when it launched. That has now paid off as the UK distributors, the iiaa have none left!

Over the next couple of months we'll be giving the salon a bit of a make-over with the refurbishment of two of the rooms in the salon along with the launch of some amazing new high-end treatments. If you are serious about fighting off the signs of ageing or improving your skin's appearance then BATG is the place to be.

# Q & A with Beauty at the Gate therapist Lucy Pearson

Lucy joined the team here at Beauty at the Gate in April and has been an instant hit with clients.

Specialising in nails and brows, Lucy is a HD Brow Pro-Stylist and since joining the team here has gone on to complete brand training in Jessica, LVL Lashes & Bio-Sculpture. Lucy also has Shellac training coming up along with learning Stroke 1 Nail Art with one of the UK's leading Nail Technicians Gemma Lambert.

## How long have you worked at Beauty at the Gate?

Just a few months – I'm the newbie!

## What first attracted you to Beauty at the Gate?

The salon's reputation for maintaining, and having high standards, along with always striving to be the best of the best. I love working here, it's very motivating.

## What's the best thing about working at Beauty at the Gate?

As therapists we are all individually focussed on – be it our strengths or weaknesses – we always get help in perfecting treatments and the training is ongoing. It's great to feel appreciated!

## Where did you train as a therapist?

Grimsby College

## What made you want to become a therapist?

I've always loved the thought of being able to make people feel good about themselves. I feel like working in beauty is the perfect way of doing that, everyone loves a good pamper!

## Where did you work previously?

Through college I worked in a busy little pizza place in Cleethorpes – usually from 4pm to 5am at weekends! I definitely learnt a lot of people skills there! I then worked in a local hair and beauty salon for the last 2 years.

## What would you like to achieve as a therapist?

I want people to walk away feeling more than happy with the work I do. I want people to say their nails are the best they've ever seen, HD Brows are the most "on fleek", lashes to be the fullest and longest you've ever seen!

## What's your favourite treatment and why?

I'd definitely say gel or Shellac nails – I just love how pretty they make your hands look and how your nails are still growing stronger and healthier whilst it's on.

However after completing my training in LVL Lashes it's definitely a close runner up! The results are amazing – lashes look fuller, richer, more lifted and all without extensions, it's absolutely fab!

## What's your favourite beauty product and why?

My all-time favourite is my HD pallet – I'd never be seen without my brows on!

## What's your favourite perfume and why?

Jean Paul Gaultier. It smells gorgeous and reminds me of my skiing holiday earlier this year as that's where I bought it.

## If you could choose anybody to treat to a treatment who would it be and why?

I'd treat Kate, The Duchess of Cambridge, to a Shellac manicure and pedicure as I've never seen her with anything but naked nails. Surely a princess should have sparkly nails?! Plus, I think she could do with a pamper after giving birth to a little princess!

## What do you do to relax?

A glass of wine, PJ's and watching movies is my ultimate relaxing combo!



## What can't you get through the weekend without?

My Juicy tracksuits! They're the comfiest things ever, you never see me in anything other than one of them when I'm in chilling on a Saturday night or lazing about on a Sunday.

## What is your favourite painting or piece of art?

Persistence of Memory by Salvador Dali, I love the way he illustrates how useless, irrelevant, and arbitrary our normal concept of time is inside the dream state and that during our daily lives, we're always rushed and busy, trying to get all of our work done on time.



## What's your favourite holiday destination and why?

I haven't been yet but Hawaii or Thailand. I'd love to see the tropical side of the world, all the beaches, animals and pretty scenery – plus I love hot sunny weather!



**\*On Fleek** – A term some of us slightly more mature in age had no idea existed or what it means, however Lucy reliably informs us that it means "on point".



# LED Light Therapy

Last months Advanced Acne Facial saw the launch of some fantastic new technology at Beauty at the Gate – LED Light Therapy

The power of LED Light Therapy was originally discovered by NASA. Research showed that it helped heal wounds and burns and has been successfully used to treat some forms of cancer. It emerged that certain frequencies of light significantly increase new tissue growth, stimulate collagen production and reduce fine lines and wrinkles.

The cosmetic benefits of red light therapy became apparent and it is becoming increasingly popular as an anti-ageing treatment as well as improving acne, rosacea, sun damage, psoriasis and eczema.

It was found to encourage cellular metabolism, accelerate the repair and replenishment of damaged cells, and aid in the production of collagen.



## Benefits include:

- Increased collagen production
- Minimise acne and blemishes
- Reduce areas of hyperpigmentation
- Diminish fine lines & wrinkles
- Decrease the look of spider veins & broken capillaries
- Fade liver/age spots
- Ease sun damage

This breakthrough technology does not use heat or any kind of "invasive" process, but triggers the body to convert light energy into cell energy without thermal heat. LED light therapy is non-invasive, causes no inflammation, and requires no after care

## Red, Green or Blue – Which is the Colour For You?

### Red – Anti-ageing, stimulates collagen, improves lines and wrinkles – Plumps the skin

It is proving to be a gentle and effective way of healing and rejuvenating the skin, in addition red light easily penetrates the dermis and can help with a variety of skin conditions, such as acne, rosacea, scarring and eczema, as well as improving skin quality.

Wavelengths of red light may help improve skin's barrier function by improving its ability to retain key elements it needs to heal and generate new collagen after its production has slowed due to age or cumulative damage.

The heat and light boost circulation, bringing more blood and nutrients to the area. It also instigates the release of chemical messengers called cytokines. As more cytokines are released, collagen-producing cells called fibroblasts leap into action. If healing is required, then the skin will heal; if it is already healthy, you will get a plumping effect from the extra collagen created.

Benefits of Red LED Light Therapy include: Reduction in fine lines and wrinkles, reduction of age spots and sun damage, increase in collagen, reduction of overall redness, flushing and dilated capillaries.

### Blue - Acne and Blemishes

Specific wavelengths of blue light target the strain of bacteria that plays a pivotal role in causing acne for many people. The light causes the development of oxygen radicals that kill the bacteria that cause acne (P. acnes bacteria) without damaging healthy skin and with no down time at all.

The treatment works best on mild to moderate inflammatory acne, several sessions are required for the treatment to be effective. The treatment is not effective on cystic acne, blackheads or milia. There are no side-effects such as dryness or flaking as with some topical acne treatments.

### Green - Hyperpigmentation, age spots, freckles

Green light works by targeting melanocytes - melanin-producing cells located in the bottom layer of the skin's epidermis. This inhibits the production of excess melanin, prevents it from traveling to the skin's surface, and breaks up melanin clusters to diminish existing discoloration. The treatment protects against future discolouration and has no side effects.

Green LED light helps with pigmentation, skin discolouration, sun spots, freckles and generally evening out skin tone.

Clients are already seeing the benefits in the new Advanced Acne Facial, Samantha will be integrating this technology into more facials over the coming months.



# Product Review

Summer is the time to get your skin healthy, glowing and in peak condition ready for days on the beach and nights showing off your glow! Here at Beauty at the Gate we recently launched our own range of luxurious body products that will leave your skin visibly radiant and glowing with vitality. The Champagne, Caviar and Gold Body Scrub and Gold Dry Body Oil are body care essentials packed with rich caviar extract, skin-loving vitamins and antioxidants combined with a luminous golden shimmer that your skin can't do without this summer.

## Champagne, Gold and Caviar Body Scrub £24.95 ONLY £19.95 throughout July

Champagne, Gold and Caviar Body Scrub is as luxurious as it sounds! Combining high quality active ingredients, subtle amber accents and a lovely gold shimmer to leave your skin soft, smooth and shimmering.



Rich in caviar extract, golden jojoba oil and grapeseed oil it naturally moisturises whilst cane sugar gently removes all traces of dead skin cells, leaving the skin feeling smooth, supple and looking healthy.

Caviar extract is rich in vitamins A,B and D and helps to speed up skin cell turnover as well as providing proteins to nourish and moisturise the skin, keeping it healthy and looking younger.

Champagne extract combines fruit acids (AHA's) known for helping renew skin cells, polyphenols with protective and antioxidant properties and numerous trace elements extracted from grapes.

Champagne, Gold and Caviar Body Scrub will leave your skin looking the best it has ever looked!

## Gold Dry Body Oil £17.95 ONLY £14.95 throughout July

This shimmering dry oil can be used on the face, body and even to nourish dry hair – anywhere you'd like to moisturise and highlight with a subtle shimmer. This multi-use product leaves your skin feeling soft, supple and lightly fragranced. It can be used as a non-greasy moisturiser or massage oil. Perfect for enhancing a tan, illuminating the face and body or for hiding tiny imperfections with golden reflective particles.

Gold Dry Body Oil contains 3 natural oils; jojoba, apricot kernel and sweet almond to work in synergy with two powerful antioxidants - caviar extract and Vitamin E – to nourish, repair and soften the skin.

Leaves a subtle golden iridescent shimmer to illuminate all skin types.

Both products are paraben free



### Anne Tate, Northern Lincolnshire Manager of the Hull & Humber Chamber of Commerce tried our Gold Dry Body Oil, this is what she thought:

"I was a little dubious initially about putting anything gold on my skin but thought I might get away with it for holidays. Now I'm using it on a regular basis and love it! The oil has a lovely texture, is absorbed quickly into the skin but leaves a soft golden sheen. A real 'Midas' product, perfect for the summer and evenings out."

# Meet the Girls at The Gate

We are very proud of our team of highly skilled professional beauty therapists, whose huge array of talents make Beauty at the Gate so special. Meet the team behind the treatments!



## Samantha

Beauty at the Gate owner Samantha is renowned for her facials and skincare knowledge – if you want glowing skin or have any kind of skin concerns then Samantha is your go-to facialist.

After training as a beauty therapist in Grimsby she went on to work for several top beauty brands in Selfridges prestigious beauty hall before relocating back to Grimsby.

Samantha is a huge advocate of Environ products and facials and has recently created her own bespoke range of facials that not only deliver results but have helped her to cement her reputation as a facial expert within the region.



## Melissa

Melissa joined Beauty at the Gate in June 2014 after graduating from the Grimsby Institute's Beauty Therapy course as one of the most promising students in her year.

She has exceptional passion for all things beauty related, a professional approach and a high level of performance and skill, which shines through in her work. Her personality has made her a firm favourite amongst our clients.

Melissa has added an abundance of new skills since joining the salon and has an unquenchable thirst for learning new treatments and techniques.



## Hannah

Hannah has been with us for over nine months. She previously worked in a Hand Picked Hotel and Spa in Guernsey which was a great experience but she returned to the area as she wanted to be near her family.

Massage is one of Hannah's favourite treatments - she loves how they benefit her clients both physically and emotionally and finds it relaxing herself. She enjoys the variety of treatments on offer at Beauty at the Gate, the fact that no two days are the same and loves working within a team who all have different talents.



## Keeley

Keeley started out working in a small local salon and went on to further her experience and develop her skills as a therapist working in a luxury spa.

Having gained excellent skills and knowledge in all fields as a therapist, Keeley would like to take what she has learnt along with the passion she has for beauty and customer service and become an elite therapist.

Keeley is building up a large client base who love the caring side of her nature along with the enthusiasm and results she brings to her treatments.



## Megan

Megan has been with us since November 2014, having returned from working abroad in various Hilton Hotels, she joined us from Egypt's 5\* Hilton Hotel Spa.

Megan has acquired a wide range of skills including Egyptian and Thai massage along with a real passion for skincare and enhancing natural beauty in order to enable women to look their best and feel more confident.

She loves learning about the science behind skincare and passing on her knowledge and understanding of the skin to her clients. She's enjoying the excellent training opportunities at BATG, working with a broad range of products and treatments and being part of such a talented team.



## Jemma

Jemma joined the team at the end of January as our resident Nail Tech. She's completely passionate about all things nail related and confesses to being a bit obsessed!

She joined the BATG team as our first dedicated nail technician after noticing our nail art on Twitter and striking up a conversation.

She's highly motivated to be at the top of her game and is constantly learning new techniques and trends in nail art. She's enjoying building up a regular client base at Room at the Gate and loves the fact that she gets the support and opportunities to keep on developing her skills as a nail tech.

We like to keep her on her toes with the monthly Challenge Jemma nail art competition.



## Lucy

Lucy joined us recently after graduating from the Grimsby Institute and working in a local salon.

She's passionate about creating fabulous nails and HD Brows and strives to be the best at what she does - she loves the way a great manicure can make the hands look and does a really 'on fleek' brow!

Motivated by making people feel good about the way they look, Lucy is a real asset to the team. See page 3 for a Q&A session with Lucy.



## Emma

Emma is our new receptionist and the latest addition to the BATG team. Emma trained as a therapist at Grimsby Institute and went on to work at Kenwick Park for the past two years where she specialised in deep tissue massage before moving into Customer Service here at BATG.

Emma aims to run a super smooth operation on reception ensuring all our clients enjoy a five star service and have the best experience possible.

## Are you a talented Therapist?

It takes a very special type of girl to become a BATG Therapist. We look for girls that have drive, ambition and passion, they all want to become the very best they can be, experts in their field. They are all willing to go the extra mile, it is not just a job and you can regularly see our girls practicing in the salon in their own time or researching at home to further their knowledge and skills. We are always on the look-out for girls with these attributes and who can understand and buy into what we are about and trying to achieve. If you feel that you could be a BATG Therapist then send your CV into [mail@beautyatthegate.co.uk](mailto:mail@beautyatthegate.co.uk).



**HD Brows are one of the most popular treatments here at BATG. The treatment concentrates on defining the shape and colour of your brows using a 7 – step procedure created by Brow Queen Nilam Holmes-Patel, which combines waxing,**

**tinting & threading. It focuses mainly on brow design not hair removal.**

Nilam's glittering 20-year career is the stuff of dreams. Her outstanding brow work can be seen in major music videos, movies and television commercials, and during a two-year period in America Nilam became the personal brow shaper to many Hollywood A-listers.

Nilam's philosophy behind HD Brows was to create bespoke eyebrows for the wearer – creating a timeless style that always fits the face and never goes out of fashion.

HD Brows first saw recognition on shows like the X-Factor and is loved by many celebrities including Kim Kardashian, Amanda Holden and Alesha Dixon. It is a quick, easy and modern way to bring out the best in your natural features.

Nilam speaks about her own favourite celebrity HD Brows: "Cara Delevingne is a great example and a brilliant ambassador for the bigger brow, as she has had so much coverage for her eyebrows alone. I love Kim Kardashian's brows – everyone wants these brows. Soft, well defined with a fullness that frames her beautiful eyes perfectly, and works with the contours of her face. To get the look: Slightly ombre, these brows have a softness at the front with a defined, stronger tail. Use the HD Brows Pencil to add in fine hair strokes to the front, then use the

Foxy Eye&Brow Palette to fill in colour at the ends."

During your HD appointment at the salon our HD Stylists take into account your face shape, hair growth, personality and expectations to design the best brows for you. It is not a set or standard shape. It is individually designed. It



is also not about having big bold brows, we can create very subtle but highly defined shapes to suit anyone.

Once our girls have assessed your face shape and colouring they will then proceed to create a bespoke brow, tailored exclusively to you, consulting with you at every stage to ensure that the brows not only enhance your natural features and frame the eyes perfectly but that they are exactly as you want them in terms of shape and colouring.

The HD Brows procedure can really change the way you look – and how you feel. Our standard HD procedure takes 30 minutes and involves various techniques. HD Brows can transform and lift the face – it has even been likened to a mini facelift!

To further enhance your HD Brows a collection of brushes and palettes has been designed to ensure your brows are HD ready at all times.

Here at BATG ALL of our therapists are fully HD Brow trained and 4 are HD Brow Pro-Stylists.

During July HD Brows is available at the special price of £20



# BATG Case Study – Lisa Crossland from Louth

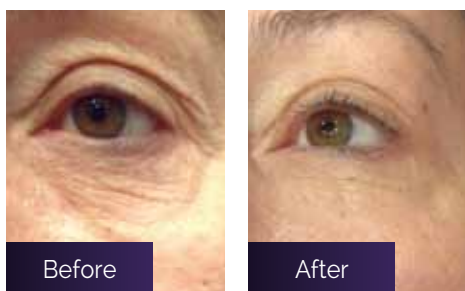
**Beauty at the Gate client, Lisa Crossland from Louth has been having Environ treatments at the salon for the past 6 months, under the guidance and care of Melissa she has seen a transformation in her skin that's left her feeling and looking great.**

Melissa describes Lisa's skin when she first came to BATG back in November

Lisa's skin was in need of some TLC and attention when she first came to the salon. She had dull, coarse skin that was heavily dehydrated causing lines and wrinkles that were ageing her.

## What were her main concerns?

Her main concern was her eyes. In addition to the crow's feet lines she had lots of puffiness around the eyes, under eye bags and heavy lids which were making her look constantly tired and older than her years. It was getting her



down so much that she had decided to have eye surgery but I asked her to give me some time to try and tackle the problem before resorting to surgery.

We immediately started her on a regimen of Environ products at home in conjunction with a course of salon treatments starting last November, now she no longer feels the need for eye surgery!



Before



After

## What treatment did you recommend for her and why?

We started her on a course of the Environ Cool Peel because the texture of her skin was so dry. After a course of peels her skin was looking fab! It was a lot brighter, smoother and plumper as this treatment helps to stimulate collagen and cell turnover which was quite sluggish when she first came in. The texture was so much better and the lines had started to look a lot smoother than before.

We then did the new Collagen Power Facial which uses gentle soundwaves to deliver a peptide rich serum deep into the lower levels of the skin. The boost it gave Lisa's skin after just one treatment was incredible. The treatment boosts collagen production which results in smoother, plumper skin – you can see such a difference in Lisa's skin, above, after just two treatments.

The results speak for themselves - the skin around her eyes and everywhere else has improved so much!

The tone and texture of her skin is completely refreshed and she now has a healthy glow. The bags under her eyes have disappeared and

the skin has plumped out so that the lines are far less visible, resulting in a much younger and fresher looking Lisa!

At home Lisa has been sticking to her new Environ routine which is really important to maintain the results, she has been using AVST Moisturiser and C-Quence Eye Gel.

Lisa herself has been pleasantly surprised by the results. "I could feel an improvement in my skin about a month after I started the facials and after 3 months you could see a big improvement. My skin is much smoother and the puffiness has gone. My skin no longer feels greasy and I've now got the confidence to go out without foundation which I never would have done before. It's given me an all-round confidence boost. I didn't expect the results to be so good. I'm really delighted and I don't feel like I need surgery now!"



# CHALLENGE JEMMA

Every month we run a competition on Facebook to Challenge Jemma, our resident Nail Tech, with your favourite nail art design. The more elaborate the better! Submit a picture of the design on our Facebook page and Jemma will pick the winner who will be invited to Room at the Gate to have the design recreated. The winner must be available within 2 weeks of the competition close. Pictured is this month's winning design, submitted by Ashton Jade Hinson who was delighted with her nails.



After her visit Ashton kindly left us the following feedback; "Wow!! What a beautiful hidden gem! Just been to have my competition nails done and so impressed with everything! My nails look stunning and the whole experience was just lovely! I would highly recommend - Jemma is very talented with her nail art! I will definitely be booking again! Thank you so much!"

## 5 Things I Can't Live Without!

**Anne Tate, Northern Lincolnshire Manager of the Hull & Humber**

**Chamber of Commerce tells BATG about the 5 things in her life she**

**cannot live without.** Anne oversees work of two Chamber of Commerce Area Councils, she helps to publicise work of the Chamber as the "voice of business" in the Humber, assist member businesses to grow and represents the views of local businesses at a range of forums. Anne is also an Ambassador for DiscoverNEL which has been developed to showcase the area as a location to Work, Stay and Play with the aim of raising the profile of our region and enthusing those who live and work here.



**1. My health.** Kind of goes without saying but it's not something I ever take for granted. And anything that helps you feel better about yourself - and that includes massage, aromatherapy or just getting your nails done - has a positive effect on your



wellbeing and that's got to be a good thing.

**2. My iPad.** For someone who has never been 'techy' in the least I've taken to it like a duck to water. I love the fact that it's so portable, that I can access the internet and do my emails wherever I am, that I can never get lost thanks to GPS and that it's just so darn quick.



**3. A sense of humour.** Goodness knows with the pace of life in 2015 you need one some days! A good laugh, a bit of a giggle or just a broad smile helps life along I find.



**4. Tea.** It's what gets me out of bed in the morning, keeps me going through the day and no matter if the weather is cold or hot it always tastes great and hits the spot.



**5. Something to read.** I've always loved reading - anything and everything. I don't mind if it's a book, a magazine, a newspaper, a flyer or an advert. If it has words I'll read it!



## On Fleek / Off fleek

BATG Therapist Lucy Pearson recently educated us to the term On Fleek. Here is a look at what is currently On Fleek/Off Fleek in the world of BATG!

**New Phone App** - Our fantastic new app allows you to book in with us from your phone, as well as keeping you up-to-date with our offers, news and your treat points.



**Collagen Power Facial** - This collagen boosting treatment softens fine lines and plumps the skin. Currently a Beauty at the Gate exclusive due to a shortage of Sono 312, Environ's special peptide rich anti-ageing serum.



**Summer Nail Art** - Add some glitter or rhinestones to your mani, pedi or both for extra summer sparkle. Gel manicures and pedicures are on offer throughout July!



**The Summer Weather** - Although makes it more of a reason to come to the salon.



**Tango Tans** - Fake tan disasters season is upon us.



**Excess body Hair** - Time to get rid of that hair for the Summer, with Megan, Keeley & Lucy completing their Lycon training we will have 6 fully trained Therapists at the salon able to perform intimate waxing.



# Beauty at the Gate Price List

## Facials created by Samantha Beatty

THE Facial 90 minutes .....	<b>£65.00</b>
.....	<b>or 75.00 with Samantha</b>
THE Advanced Acne Facial 90 minutes .....	<b>£65.00</b>
.....	<b>or 75.00 with Samantha</b>

## Laser Hair Removal

Initial consultation - 30 minutes - £15.00

Redeemable against treatment

Chin .....	<b>£35.00</b>
Upper Lip .....	<b>£35.00</b>
Upper Lip & Chin .....	<b>£60.00</b>
Sideburns .....	<b>£35.00</b>
Hands & Fingers .....	<b>£40.00</b>
Underarms .....	<b>£50.00</b>
½ Arm .....	<b>£60.00</b>
Full Arm .....	<b>£90.00</b>
½ Leg .....	<b>£90.00</b>
Full Leg .....	<b>£150.00</b>
Buttock Crease .....	<b>£40.00</b>
Buttocks .....	<b>£75.00</b>
Bikini .....	<b>£50.00</b>
Extended Bikini .....	<b>£60.00</b>
Thong .....	<b>£70.00</b>
Hollywood/Brazillian .....	<b>£90.00</b>

**15% OFF All courses of 6 Treatments**

## Environ

Environ Introduction .....	<b>£40.00</b>
60 Minutes	
Precision Express .....	<b>£30.00</b>
Treatment 30 Minutes	
Purifying Express Treatment .....	<b>£30.00</b>
30 Minutes	
Ionzyme Active .....	<b>£49.00</b>
Vitamin Facial 60 Minutes	
Advanced Active .....	<b>£59.00</b>
Vitamin Facial 80 Minutes	
Collagen Power Facial 60 Minutes .....	<b>£59.00</b>
Environ Cool Peel .....	<b>£54.00</b>
Treatment 60 Minutes	
Ionzyme HydroBoost .....	<b>£55.00</b>
Facial 60 Minutes	
Ionzyme Frown .....	<b>£59.00</b>
Treatment Facial 45 Minutes	
Ionzyme Body Sculpt .....	<b>£50.00</b>
Treatment 60 Minutes	

## A Lift

Miracle Moments 30 Minutes .....	<b>£30.00</b>
Angelic Ritual - Lifting .....	<b>£49.00</b>
Non-Surgical Facelift Treatment 50 minutes	
Pure Zenergise .....	<b>£59.00</b>
A Candle-Lit Supercharger 75 Minutes	
Divine Indulgence: .....	<b>£64.00</b>
The Ultimate A-Lift Experience 90 Minutes	

## Elemis

Skin Specific Facial .....	<b>£40.00</b>
60 Minutes	

## Skin Solution Facials

Modern Skin Facial .....	<b>£45.00</b>
60 Minutes	
Oxygen SkinCalm Facial .....	<b>£45.00</b>
- For Sensitive Skin 60 Minutes	
S.O.S. Purifying Facial .....	<b>£45.00</b>
- For Oily/Congested & Problematic Skin 60 Minutes	

## Anti-Ageing Facials

Pro-Collagen Quartz Lift .....	<b>£50.00</b>
Facial - For Fine Lines and Wrinkles 60 Minutes	
Tri-Enzyme Resurfacing Facial ....	<b>£50.00</b>
60 Minutes	
Visible Brilliance Facial .....	<b>£50.00</b>
For Ageing, Stressed & Slackened Skin 60 Minutes	
Face & Body Sensation .....	<b>£55.00</b>
60 Minutes	

## Elemis Massage

Deep Tissue Muscle Massage .....	<b>£25.00</b>
30 Minutes	
Full Body 60 minutes .....	<b>£40.00</b>
Face and Body Sensation .....	<b>£55.00</b>
60 Minutes	

## Elemis Body

Exotic Lime and Ginger .....	<b>£30.00</b>
Salt Scrub 30 Minutes	
Exotic Frangipani Nourish .....	<b>£40.00</b>
Wrap 45 Minutes	
Exotic Coconut Rub and .....	<b>£40.00</b>
Milk Ritual Wrap 45 Minutes	
Musclease Aroma Spa Wrap .....	<b>£50.00</b>
75 Minutes	

## Body Detox

Cellutox Aroma Spa Wrap .....	<b>£50.00</b>
75 Minutes	
Body Sculpting Cellulite and .....	<b>£45.00</b>
Colon Therapy 60 Minutes	
Face & Body Sensation .....	<b>£60.00</b>
60 Minutes	

## Collagen Stimulation Therapy

Initial Consultation 30 minutes .....	<b>£15.00</b>
Redeemable against treatment	
Initial Session 2 Hours .....	<b>£200.00</b>
CST Session 2 Hours .....	<b>£150.00</b>
Course of 6 treatments .....	<b>£850.00</b>
Prices include Homecare Products!	

## HD Brows

30 Minutes .....	<b>£25.00</b>
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## LVL Lashes

45 Minutes .....	<b>£40.00</b>
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## The Room at the Gate Nail Treatments

Gel Manicure .....	<b>£28.00</b>
Gel Pedicure .....	<b>£30.00</b>
Shellac Manicure .....	<b>£22.00</b>
Shellac Pedicure .....	<b>£32.00</b>
Zoya Organic Manicure .....	<b>£22.00</b>
Zoya Organic Pedicure .....	<b>£26.00</b>

Jessica Prescriptive Manicure .....	<b>£22.00</b>
Jessica Prescriptive Pedicure .....	<b>£26.00</b>

## Nail Extras

File and Polish .....	<b>£15.00</b>
Colour Removal .....	<b>£2.00</b>
French Polish .....	<b>£5.00</b>
Repair from .....	<b>£5.00</b>
Effects/Glitter up to 2 nails .....	<b>£2.00</b>
Effects/Glitter more than 2 nails ...	<b>£5.00</b>
Nail Art from .....	<b>£5.00</b>
Gold Package .....	<b>£7.00</b>

Using our very own Champagne,  
Caviar and Gold Scrub, Gold Dry  
Oil and a glass of bubbly!

IBX Nail Care System Initial Treatment 30 Minutes .....	<b>£15.00</b>
Maintenance 20 Minutes .....	<b>£10.00</b>

## Lycon Precision Waxing

### Strip/Hot & Lycojet Waxing

1/2 Leg .....	<b>£14.00</b>
Full Leg .....	<b>£20.00</b>
Full Leg & Bikini .....	<b>£23.00</b>
Full Leg & Californian .....	<b>£29.00</b>
Bikini Line .....	<b>£8.00</b>
Underarm .....	<b>£8.00</b>
1/2 Arm .....	<b>£10.00</b>
Full Arm .....	<b>£15.00</b>
Chin .....	<b>£6.00</b>
Upper Lip .....	<b>£6.00</b>
Eyebrows .....	<b>£10.00</b>
Upper Lip, Eyebrow & Chin .....	<b>£16.00</b>
Advanced Intimate Hot Waxing Californian (Also called .....	<b>£15.00</b>
Extended Bikini wax) 30 minutes	
G-String (Also called a Thong .....	<b>£20.00</b>
wax) 40 minutes	
Brazilian/Hollywood .....	<b>£30.00</b>
60 minutes	

## Electrolysis

15 minutes session .....	<b>£15.00</b>
30 minutes session .....	<b>£20.00</b>
45 minutes session .....	<b>£25.00</b>
60 minutes session .....	<b>£30.00</b>

## Tinting

Brow .....	<b>£8.00</b>
Eyelash .....	<b>£12.00</b>
Eyelash & Brow .....	<b>£15.00</b>
*You will require a patch test 24 hours before the treatment.	

## Holistic Treatments

Hopi Ear Candling 45 Minutes .....	<b>£25.00</b>
Indian Head Massage 30 Minutes ..	<b>£25.00</b>

## Therapist's Signature Treatments

Hannah's Glamorous Glow .....	<b>£45.00</b>
60 Minutes	
Melissa's Arabian Abyss .....	<b>£45.00</b>
60 Minutes	

# July Offers



## HD Brows – Save 20% on HD Brows throughout July.

Normal price £25.00, Now ONLY £20.00. No need to visit the salon for a patch test as we post these out where possible and you can choose from 8 fully trained HD stylists, 4 of which are Pro-Stylists!



## Environ Active Vitamin Facial – ONLY £40.00 – Environ's Flagship Anti-Ageing Facial.

Packed with nourishing anti-ageing ingredients, this facial will leave your skin looking radiant and dewy. The freshest, most active forms of Vitamin A, C and anti-oxidants are driven deep into the skin using state-of-the-art technology, where they are utilised by your skin cells



## Gel Manicure & Pedicures – All Gel manicures are ONLY £26.00 throughout July, Pedicures only £28.00

Choose from Bio-Sculpture, Gellish or Artistic.



## Elemis Facial & Massage Special

We are extending our amazing Elemis June offer throughout July. Book a Skin Specific or Modern Skin Facial along with a Deep Tissue Back Massage for only £60 and get an amazing Elemis Gift Set FREE!



## Opening Hours

<b>Monday – Friday</b>	9.30am – 8.30pm
<b>Saturday</b>	9.30am – 5.00pm
<b>Sunday</b>	11.00am – 4.00pm

We are open 7 days a week. Because we know how busy life can be. We're there for you when you need us, which is usually outside of office hours, when you're not working and the shops are closed. We know how hard it is trying to fit in some "me" time so we offer appointments every weekday up to 8:30pm, on Saturdays to 5.00pm and we even open on Sunday between 11am and 4:00pm. Telephone: 01472 289555

