



@BeautyattheGate



/BeautyattheGate

March 2016

Beauty

at the gate



....and the winner is Beauty at the Gate, Grimsby

Amazing Night in London as we pick up UK Salon of the Year Award!

Kate Lister
Flower
Design

Local Flower Guru
Kate Lister Reveals All



3D Lipo Launch Night Details

01472 289 555 Open 7 days a week Monday-Friday 9:15 - 8:45 Saturday 9:15 - 5:00 Sunday 11:00 - 4:00

You always have hopes and ambitions when you start up a business, it's hard work, can put an enormous strain on many aspects of your life, at times you find yourself questioning whether your decisions are right and whether you can actually achieve what you set out to do.

We have been very fortunate in that both myself and Samantha have pretty much the same vision of what we want, how we want our business to be presented and perceived. It's this shared passion and ethos that I believe has led to the salons success in a relatively short period of time.

We honestly appreciate every single client who walks through our doors, whether that is for a nail repair or high-end facial. We appreciate the fact they have decided to spend their hard earned money with us and we realize that everyone who walks through the door has their own story to tell, whether that be a single mum just looking for a bit of me time, someone battling with illness who wants a safe haven to retreat to or anyone who just wants to forget about daily life and who wants someone to focus on them just for a little while. We take that responsibility very seriously and truly want to give anyone who visits us an experience they will not only remember but one they will want to repeat.

Samantha's relentless pursuit of perfection coupled with a team that really cares about their clients, has seen the salon being crowned winners of Professional Beauty's UK Salon of the Year. It was always our intention of trying to create something special. We want to be amongst the best the country. I don't subscribe to the many out there who questioned that ambition just because we are based where we are. Why shouldn't the Grimsby area have the best the UK has to offer? Our client's work just as hard as anyone anywhere else to earn their money and so deserve the very best we can provide them with.

Winning this award is as good as it gets within our industry, it is judged by Industry experts and it really does give myself and Samantha the confidence moving forward that we are doing things the right way. It was amazing to be able to give our girls an experience they will never forget. To see them on stage in front of the most influential people in beauty was fantastic and a great reward for them and all the hard work they have put in over the past 18 months or so.

For me the best thing is by far and away being able to create something special with my best friend and wife. However we also could not have achieved this without the wonderful client base we have, the feedback and suggestions we get really do drive us on, so thank you all, each and every client who has visited the salon.

We both promise to continue on the path we have set ourselves and to try and bring you a new and better experience each and every time you visit us!

Paul Beatty



News at the Gate

What an amazing time we are having here at BATG, so much going on, so much happening. We've reached the finals for English Hair & Beauty UK Salon of the Year, and, an amazing night was had by all our girls at the Professional Beauty Awards in London, read all about it and how we were amazed and so proud to be recognized as the best Salon in the UK for our category.

We had our lucky Christmas Raffle winner in the salon, Adele Maroney pick up her prizes from St Andrews Hospice representative Zaza Warren who in turn received a cheque for £515 from us collected by our wonderful clients throughout December.

Our new award winning treatment Dermalux is already providing clients with some amazing results. Helen Kay from Holton le Clay had never visited a beauty salon before she started having Dermalux treatments to help tackle her skin concerns, she left this feedback after her 4th visit:

"Thanks again Melissa for another outstanding Dermalux /massage, you so make me feel relaxed when I'm having my recommend treatment , its only my 4th visit and already my skin is looking healthier , younger and not half as red , so many friends have commented and noticed the changes also, it's so boosted my confidence !!!!!!"

Not content with 1 award winning treatment we are launching a 2nd with 3D Lipo. A fat reduction, cellulite busting skin rejuvenating treatment that you can read more about in this months edition along with details of a big launch evening on Marc 24th.





If you use social media, chances are you have spotted Kate Lister; her beautiful flower arrangements pop up everywhere! Kate started her kitchen table business, Kate Lister Flower Design, in 2011 after her bouquets became more and more popular amongst friends and family and on Facebook. From her home of 'Lister Towers' in Scartho, she creates gorgeous arrangements for mums, wives, friends and business clients across North East Lincolnshire.

You can spot a Kate Lister design thanks to the use of brown paper, raffia, hessian and organza, and often her bouquets will have a sweet pink theme, although if you have any special requirements, she is more than happy to help. Kate's jam jar arrangements are a signature Lister staple.

Before the rush of Mother's Day, Kate sat down with a cup of Yorkshire Tea to share the five things she just can't live without.

Fake Tan - Because I burn within minutes of stepping outside, I am lily-white and I hate it! I have used fake tan since I was about 20, in the winter too, because it makes me feel better and look healthier. Usually I use a gradual tan moisturiser to build up the glow, at the minute I am using one by Garnier.

Make-up Bag - I tried to think of a favourite item, but I just couldn't pick one! Everyday I use foundation, loose powder, compact powder, contouring, eye make-up covering a whole spectrum of a budget, from £3 compact powder to Clinique foundation.

Secateurs - They are everywhere! I have at least four on my worktop, two in the car and even one in my handbag - I just don't leave home without them! When I am out visiting friends or on a delivery and I see a beautiful cutting, I will see if I can take it, so I always have secateurs with me.

Social Media - My business is built on social media, so not only has it led to a career for me, but I am also obsessed on a social level. I think about everyday things in terms of Facebook statuses, whether something will make a great Instagram photo, and even what will get traction on LinkedIn - I am obsessed!

Yorkshire Tea - It just has to be Yorkshire Tea! I probably have 10 cups a day, and especially at busy times such as Valentine's Day or Mother's Day, I run on Yorkshire Tea. My family knows exactly how to make it, and it tastes even better when it's served from my beautiful Emma Bridgewater tea pot!

You will find Kate Lister at:

Facebook: /KateListerFlowerDesign Twitter: @KateListerFD Instagram: katelisterflowerdesign

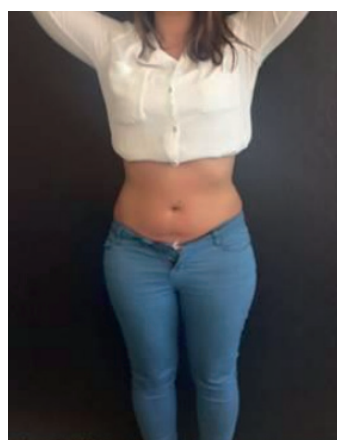
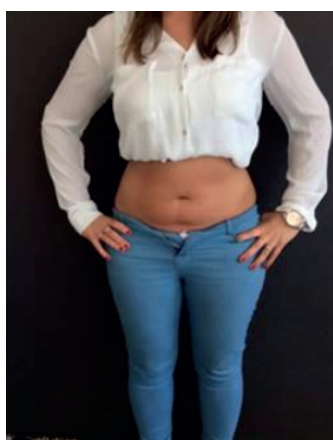
3D- LIPOMED IS COMING SOON



What if we were to tell you that you could experience a powerful treatment during your lunch break that promises to lose inches and tighten skin? A non-invasive fat reduction procedure that has a list of celebrities giving rave reviews? Sounds absolutely fantastic, right? Well, we are delighted to be bringing a treatment that achieves just this to Beauty at the Gate.

3D- lipomed is a revolutionary liposuction procedure that targets specific areas of fat and cellulite without surgery, with those having the treatment experiencing a difference instantly. Using cavitation, duo cryolipolysis, focus fractional radio frequency and 3D- dermatology radio frequency, 3D- lipomed offers a complete approach to getting rid of fat.

Following its launch in early 2014, the procedure has gained a list of celebrity fans. Dr Leah Totton, the winner of BBC's The Apprentice in 2013, was one of the first to offer the service at her central London cosmetic skin clinic, and actress Patsy Kensit had the treatment before entering the Celebrity Big Brother house in 2015. She said: "I'm absolutely loving 3D- lipo! It's so effective and quick – what's not to like about it?! I can see a change in my body with every treatment and I couldn't recommend it enough." Coleen Rooney and Alex Gerrard have both tweeted about their procedures, and Gemma Collins even had 3D- lipo in an episode of TOWIE!



Before and after 1 session of Cavitation - Taken from a treatment demonstration at CAN PR

One of the brand's biggest ambassadors has been reality TV star Amy Childs, who lost three inches and went down a dress size following a course of treatments. She said: "I've been working with 3D- lipo for the last couple of months now and have had a number of treatments to tackle a variety of areas. I had heard of 3D- lipo and wanted to see how it works, and just after a couple of sessions, I actually started to notice a difference – it's incredible! The sessions are not long or painful either, so when I leave the clinic I can carry on with my day without having to worry about recovering which is perfect.

"I loved the treatment so much I have now decided to introduce 3D- lipo to my own clinic! I can't wait to offer this amazing treatments to my clients."

So why do people love 3D- lipo so much? Firstly, 20% to 40% of the fat cells in the treated area die in a natural way and dissolve over the course of several months thanks to the unique combination of electro and cryo therapy. The procedure is bespoke to the client's needs, and can treat the skin on both the body and the face. The upgraded 3D- lipomed machine also allows the therapist to target two areas of the body at once, saving time for both the Salon and the clients.



Before and after 6 sessions of Cavitation - Photo taken from Elite Aesthetics, Greenhithe

3D- lipomed also incorporates Cavitation, the latest non-invasive body contouring treatment for localised fat and deep cellulite, and radio frequency, which tightens the skin through controlled energy. People who have experienced 3D- lipo have said there is no pain, just a slight sensation during the treatment; the Daily Star said in their review of Dr Leah's procedure: "The physical experience can be likened to an unusual stomach massage".

And what's more, the sessions take approximately 40 minutes, and no exercise is required after the treatment. 3D- lipomed has minimal risks and side effects, so you can continue with your day once you have had your procedure.

Since its launch, 3D- lipomed has gained a lot of





Before and after 6 sessions of Radio Frequency

media attention, with articles and mentions in the Daily Mail and Mail Online, Sunday Express and Mirror Online, and Closer, Now and Reveal magazines, to name just a few. OK! Magazine awarded 3D- lipomed 9/10 for best cellulite treatment, beating other treatments available on the market to the top spot!

When it comes to your procedure at Beauty at the Gate, you will have a friendly consultation with your therapist, who will talk you through the process step-by-step, giving you the chance to ask any questions you may have. Following your session, you will see the difference in your body.

The Beauty at the Gate girls have already been away for their 3D- lipomed training, and we are now getting ready for our fabulous launch event which will take place on the 24th of March at the Salon. Spaces are limited on the evening, which will see 2 presentations, one at 5pm and one at 6:30pm, by the experts from 3D Lipo including demonstrations on our very own clients. To secure your place, please call the salon on 01472 289 555. It does cost £20 to reserve a place but this is refundable on the evening irrespective of whether you book a course or not. We will also have some amazing launch offers on the night itself.



Before and after a course of 2 Cryolipolysis and 6 Cavitations - Photo taken from the Meadow Clinic, Rugby

Here's what the celebs are saying...

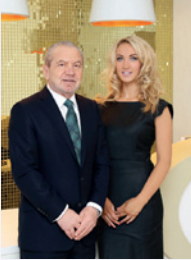
Gemma Collins (Twitter): "Guys thank you for all your lovely comments after watching TOWIE last night @3DLipo is amazing and really helping x"



Patsy Kensit (Twitter): "Wow, @3DLipo is unreal. Thank you thank you thank you"



Amy Childs (to OK! Magazine): "I had one treatment and noticed the difference straight away. I couldn't believe it. I can see a major difference - I've got a flatter tummy. I'll definitely have it again for a special occasion or when I go on holiday to give me a boost."



Dr Leah Totton: "I was so pleased to be given the opportunity to have the first medical version of the award winning 3D- lipo machine in my new clinic. This multi-platform technology offers a powerful non-surgical alternative to lipo suction with the addition of skin tightening and cellulite reduction modalities. I'm so proud to be able to offer my clients the very latest result driven technology."

Coleen Rooney @ColeenRoo
Started my 3D Lipo course today at @Malinki_Brows. Thanks girls, enjoyed the treatment xx
25/10/2013 20:08
2 RETWEETS 7 FAVORITES

PROFESSIONAL BEAUTY AWARDS

BATG Winners of Professional Beauty's UK Salon of the Year 2016



We headed down to London on Sunday morning, excited but with more hope than expectation. It was a fun journey down with a few bottles of Prosecco before checking into the Malmaison hotel, getting hair and outfits sorted for the big event.

The awards were held at The Brewery, a large corporate event venue and from the moment we arrived it was red carpet treatment all the way. A champagne reception was followed by locating our table for a 3 course meal. To be honest, no-one really felt like eating too much as the nerves started to kick in. We could not help feel a little bit intimidated and out of place rubbing shoulders with some of the most influential people within the beauty industry worldwide.

The awards kicked off and were hosted by ITV star Stephen Mulhern who had the audience in stitches with a few jokes and tricks. The awards started and we soon realized that we had quite a wait, as our category was

the penultimate award to be handed out.

The time for our category arrived and the nominations were read out by Stephen. He stated that the winning salon impressed the judges, with an excellent business model and incredible marketing. This only sufficed to make our hearts stop and think it could just be us. Lisa Carr from the award sponsors London Lash & Brow came onto the stage to announce the winners.

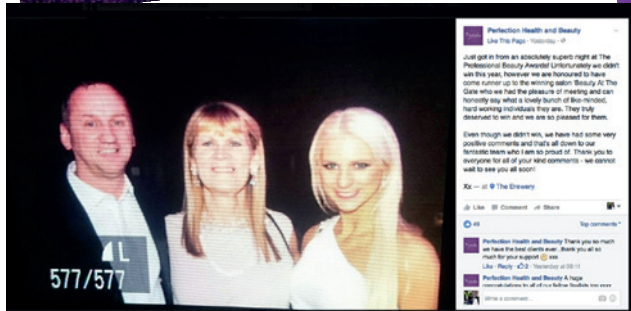
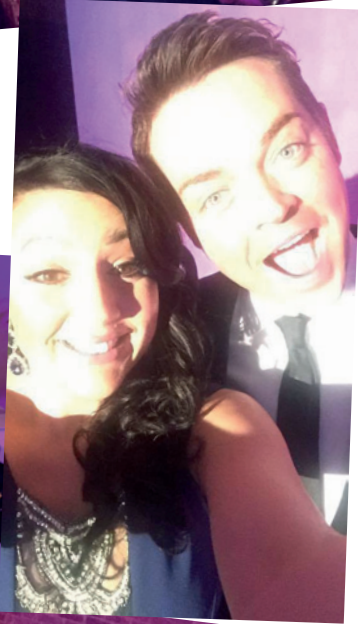
When our name was called out there was a mixture of disbelief, shock and excitement all of which were captured on a video that can be viewed on our Facebook page, I think it's safe to say that we were the most excited winners on the night and taking to the stage to receive the award was an amazing experience for us all.

We felt it important to congratulate the other finalists in our category as they really are amazing businesses who all have a similar outlook to us when it comes to running a salon. In

particular it was lovely to speak to Perfection Health owner Michelle Stead who has guided her salon to the finals for 3 years out of the last 4, the other year they were not in the finals they didn't actually enter. They are certainly an inspiration for us in terms of looking to return to the awards again. They also put a lovely post on their own Facebook page afterwards congratulating us, not only a great business woman but a genuine and gracious one too.

It certainly was party time after receiving the award with all the girls celebrating well into the early hours of the morning. In fact 2 stayed out until 6 in the morning.

Along with being an amazing experience winning this award has already opened new doors for us in that we were approached by a few big brands who want their treatments and machines in the salon. This will allow us to grow and bring some more amazing new treatments to all of our clients.



AMAZING CHRISTMAS SPIRIT FROM OUR CLIENTS



Our clients were all certainly in a giving mood over the festive period recently. We ran a raffle throughout December in aid of St Andrew's Hospice and thanks to the kindness of our clients we raised £515.

Initially there was a single prize of over £500 worth of products for the winner but we got a little carried away and caught up in the festive spirit and ended up giving 5 runners-up prizes of a bottle of Champagne too.

The winner of the prize was **Adele Maroney** from **New Waltham**. Adele who is a regular to the salon said "I love coming to BATG, the treatments and service are fantastic and to win all these wonderful goodies was such a wonderful surprise."

The 5 runners-up were **Sarah Sopp** from **Great Coates**, **Sue Parkington** from **Cleethorpes**, **Amanda Devine**, **Diane Matheson**, **Anita Bemrose** all from **Grimsby**.

Zaza Warren (left) receiving her cheque from Therapist Lucy Pearson commented "We are extremely grateful to BATG for this donation and would like to thank them and all their clients for their generosity, the salon is a wonderful place and the donation will certainly be put to good use."

St Andrew's provides free 24-hour care for patients with life-limiting illnesses from North and North East Lincolnshire, the wider Lincolnshire area and Hull and the East Riding. It also provides vital support for families, friends and carers. Its motto, Making Each Day Count, is more than just a slogan; it is the reality for patients using the services and state-of-the-art facilities offered by St Andrew's.

We will be holding further fund raising events throughout 2016. You can find out more details on St Andrews and the amazing work they do at: <http://www.standrewshospice.com/>



St Andrew's
Hospice
making each day count...

JustGiving

3D LIPO

LAUNCH EVENING

MARCH 24TH - CALL 289555 TO BOOK IN

20TH JANUARY

£1.20

you BEAUTY



with CHERYL CARTER



3D-lipo is an alternative to lipo that uses fat-freezing. But it also involves a hot radio frequency to melt the fat and a roller system to smooth skin. It is time-consuming and you need six treatments but I tried it on my legs and it does work. My jeans definitely felt looser after I finished the course. See 3d-lipo.co.uk.



SPEAKING FRANKLY ABOUT HER FIGURE

'I'VE LOST THREE INCHES FROM MY WAIST AND DROPPED A DRESS SIZE!

AMY CHILDS REVEALS TO OK'S JAMIE TABBARD THE SECRET BEHIND HER NEW BODY, HER BATTLE WITH HER BREASTS AND THE MAN DROUGHT THAT MEANS SHE 'MIGHT AS WELL BE A NUN!'

She says she's lost three inches from her waist and dropped a dress size. "I've lost three inches from my waist and dropped a dress size!" she says. "I've lost three inches from my waist and dropped a dress size!" she says. "I've lost three inches from my waist and dropped a dress size!" she says.

"I've lost three inches from my waist and dropped a dress size"

I had one treatment and noticed the difference straight away. I couldn't believe it. I can see a major difference - i've got a flatter tummy

Kate tum for mums

MUMS wanting a toned post-pregnancy tum like the Duchess of Cambridge are trying a quirky new treatment. Bookings for 3D Lipo therapy soared after Kate's slim look featured in The Sun yesterday. It uses ultrasound waves to destroy fat cells and tighten saggy skin. Twelve sessions cost £600 and women can lose 5cm in one treatment. The therapy is so powerful mums are limited to one a week. Fiona Diazarro, of London's Skin Associates salon, said: "It's perfect for mums too busy with a baby to exercise."



Seeing great results from our fat reduction and skin tightening treatments! Shape up for summer with Dr Leah Clinics drealh.co.uk/body-treatment...

"My fat was melted whilst I played Candy Crush!"

I lost 17.5 inches from my waist, hips and chest, and now - a year later - i've managed to keep it off

My fat was melted while I played Candy Crush!



"New ways to zap the fat"

closer

BODY BATTLES!

EXCLUSIVE INTERVIEW: I've dropped 3 dress sizes - and still eat egg & chips!

REBECCA DANIELLE: I'm not confident naked - I have sex with the lights off!

DETERMINED COLEEN: 'The lipo's working but it's a struggle staying slim'

"The lipo's paid off..."

Coleen Rooney is finally feeling herself again after a course of 3D-lipo and is delighted with her new body...

A source tells Closer Coleen's had a few sessions on her tummy area and is ecstatic with the results. She's lost three inches from her stomach and 5lbs.



Steve Medicine/ITV/REX
What's the joke? Patsy cracked up as Lorraine explained her perspective as a viewer of the controversial reality show
"But also the atmosphere was quite stressful, that's a lie it was traumatic, that's a lie it was mental traumatic"
However, it's not just stress that is behind her slimmer look - she has been undergoing 3D lip sessions, a non-invasive treatment that claims to melt fat away.
After a session on Thursday, she thanked her therapists behind the treatment on Twitter, writing: "I've missed you ladies! Thank you as always."

3D-LIPO

What is it? 3D-Lipo claims to use a mix of technologies to reduce fat and cellulite, and tighten skin.

What happens? A body-sculpting treatment that offers not just instant but long-lasting results sounds too good to be true... but I'm willing to try it on my thickest area - a post-birth abdomen, where fat cells have collected like a globular flash mob. First stage: low-frequency ultrasound applied with a massage instrument, which makes say breaks apart fat cells. Second stage: radio-frequency skin tightening, supposed to contract collagen fibres and stimulate new collagen and elastin. Last stage: a vacuum therapy to tighten skin. During 90 minutes, the only slight discomfort is a metallic ringing in the ears during the ultrasound.

Did it work? The results are unbelievable. Without scalpels, I've lost 5cm - and it should last at least nine months. Bel Jacobs BAAPS says: "Cosmetic ultrasound technologies evolved from techniques used in destruction of tumours," says surgeon Lucian Ion. "There is evidence to suggest they also have a viable and measurable effect in cosmetic applications."

Try it: £140 per session, with 50 per cent off the first treatment if you take this article. Skin Associates, London W1G. www.skinassociates.co.uk. For national spas: www.3d-lipo.com



Great to see Dr Leah Totton's clinic doing so well RT Due to amazing results & unprecedented demand, just invested in 2nd 3D-lipo machine

Gemma Collins uses new high tech liposuction in a bid to slim down - exclusive pictures

High tech 3D Lipo, which is knife and jab-free, is the secret to Coleen Rooney's post baby body, while Amy Childs, Alex Gerrard and Alexandra Burke credit it for their sleeker silhouettes.

The mega-machine uses a variety of non-invasive treatments to target specific areas such as the dreaded bingo wings, a stubborn "mummy tummy", loose skin from previous weight loss and even orange peel thighs.



Here at BATG we deal with many suppliers and big brands, we speak regularly to girls that ensure things like our products get to us, and that our girls training is booked and all sorted. It's nice to get to know a little bit more about these unsung heroes. This month we look at iiaa Account Manager for the North East, Stacey Havenhand who looks after us in terms of Environ, Jane Iredale & the advanced Nutrition Program.



Stacey has worked in the beauty industry for over 15 years. She started out as a therapist working for Clarins within a skin spa and progressed into spa and

business management, based within a department store. she worked for several large skincare companies such as Estée Lauder and Liz Earle before joining the iiaa family.

How long have you worked at the iiaa?

I have worked at the iiaa for one year.

What's the best thing about your job?

I love spending time getting to know my accounts and how I can support their business, putting ideas into place and seeing the great results that they are able to achieve for their clients. I also love getting to know new people and how varied my job role is: one day I could be in Lincoln and the next in Northumberland!

What advice would you give to someone just starting a career in beauty?

I feel training is key to success in beauty, keeping up to date on what is happening in the industry. There are so many aspects to beauty nowadays, so if you want to succeed, specialise where your main interests and strengths lie. Beauty at the Gate are a perfect example of what can be done when you base your business around the training of your staff.

Can you give us a rundown of what your job involves?

As account management specialist for the North East I look after salons and clinics that stock the Advanced Nutrition Programme, Environ Skin Care and Jane Iredale mineral make-up. I am here to offer support and guidance to ensure success with each of our brands by offering the iiaa's Feed, Fortify and Finish philosophy to clients. I work closely with the BATG team to build on the iiaa training and continuing development, and I help them to put a business development plan in place that incorporates our brands.

Which products can't you live without?

My favourite products at the minute are Advanced Nutrition Programme Digest Pro, Environ Retinol and Jane Iredale Glow Time BB Cream. Digest Pro was fantastic for tackling that post-Christmas bloating and ensuring I feel comfortable in my clothes! I have recently introduced the Environ Retinol 1 into my routine and my skin is glowing! My complexion is much fresher and smoother and it has really intensified my results alongside the AVST range. Glow Time BB Cream is my favourite foundation for giving skin a flawless airbrushed look and staying put all day.

What's your favourite perfume and why?

My favourite perfume is Liz Earle botanical essence number 15, this is a natural blend of oils and plant extracts that I always get comments on when I wear it.

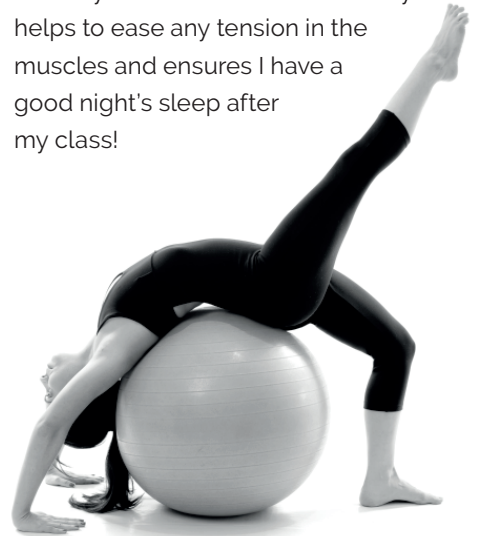


What's your favourite film?

My favourite film is The Butterfly Effect. I enjoy films which have a twist to them so you don't know what the ending will be and The Butterfly Effect kept me on the edge of my seat.

What do you do to relax?

I love to keep fit and find running a great way to relax and de-stress. I have also recently started Pilates which really helps to ease any tension in the muscles and ensures I have a good night's sleep after my class!



What can't you get through the weekend without?

The best part of my weekend is the chance to spend time with my family after my busy week working away from home. I particularly love spending time with my two young nephews.

Where is your favourite holiday destination and why?

My favourite destination so far has been Ibiza, I spent many of my childhood holidays here so it has plenty of happy memories for me. I am going to Gran Canaria later this year which I am also really looking forward to.



Beauty at the Gate Price List

Facials by Samantha Beatty

The Facial 90 mins	£65.00
.....	or £75.00 with Samantha
The Advanced Acne Facial 90 mins..	£65.00
.....	or £75.00 with Samantha

Dermatude

Consultation 30 mins	£15.00
Facial 40 mins	£60.00
.....	Pay as You Go plan available

Dermalux LED PhotoTherapy

Single Session	£40.00
Single Session as Addition to any Facial	£25.00

Laser Hair Removal

Consultation 30 mins	£15.00
<i>(Redeemable against a course of 6 treatments)</i>	
Chin	£35.00
Upper Lip	£35.00
Upper Lip & chin	£60.00
Sideburns	£35.00
Neck	£35.00
Hand & Fingers	£40.00
Underarms	£50.00
½ Arm	£60.00
Full Arm	£90.00
½ Leg	£90.00
Full Leg	£150.00
Buttock Crease	£40.00
Buttocks	£75.00
Bikini	£50.00
Californian	£60.00
G-String	£70.00
Hollywood/Brazilian	£90.00
Full Leg & Bikini	£175.00

Environ Facials

Environ Introduction 60 mins	£45.00
Precision Facial 30 mins	£30.00
Purifying Express 30 mins	£30.00
Active Vitamin Facial 60 mins	£51.00
Advanced Active Vitamin 80 mins ...	£59.00
Collagen Power Facial 60 mins	£59.00
Cool Peel 60 mins	£54.00
Hydroboost 60 mins	£55.00
Focus Frown 45 mins	£59.00

Pay as You Go Plans available

A-Lift Lifting & Firming Facials

Miracle Moments 30 mins	£30.00
Angelic Ritual 50 mins	£50.00
Pure Zenergise 75 mins	£59.00
Divine Indulgence 90 mins	£69.00
Course of 10 Angelic Ritual	£420.00
.....	Pay as You Go plan available

Elemis Facials

Skin Specific 60 mins	£46.00
Modern Skin 60 mins	£46.00
SOS Purifying 60 mins	£46.00
Oxygen SkinCalm 60 mins	£46.00
Pro-Collagen Quartz Lift 60 mins	£51.00
Tri-Enzyme Resurfacing 60 mins	£51.00
Visible Brilliance 60 mins	£51.00
Face & Body Sensation 60 mins	£55.00

Elemis Body Treatments

Back Massage 30 mins	£27.00
Full Body Massage 60 mins	£40.00
Exotic Lime Salt Scrub 30 mins	£32.00
Frangipani Wrap 45 mins	£42.00
Coconut Rub & Milk Wrap 45 mins ..	£42.00
Musclese Aroma Wrap 75 mins	£55.00
Cellutox Aroma Wrap 75 mins	£55.00
Body Sculpting & Colon Therapy	£50.00

HD Brows

Standard HD Brow Treatment 30 mins	£25.00
.....	
<i>Add £2 if with Pro-Stylist</i>	
Advanced HD Styling Treatment 45 mins	£35.00
.....	

LVL Lashes

Lift Volumise & Lengthen 55 mins ...	£40.00
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Lycon Precision Waxing

Chin	£7.00
Upper Lip	£7.00
Upper Lip & Chin	£12.00
Eyebrow Shape	£11.00
Upper Lip, Eyebrows & Chin	£18.00
Underarm	£9.00
½ Arm	£11.00
Full Arm	£16.00

½ Leg	£15.00
Full Leg	£22.00
Bikini	£9.00
Full Leg & Bikini	£25.00
Californian	£16.00
Full Leg & Californian	£32.00
G-String	£21.00
Brazilian/Hollywood	£32.00

Electrolysis

15 mins	£20.00
30 mins	£30.00
45 mins	£35.00
60 mins	£40.00

Tinting

Brow	£9.00
Eyelash	£13.00
Brow & Eyelash	£17.00

Holistic Treatments

Hopi Ear Candling	£27.00
Indian Head Massage	£27.00

The Room at the Gate Nail Treatments

Gel Manicure	£28.00
Gel Pedicure	£30.00
Shellac Manicure	£22.00
Shellac Pedicure	£26.00
Zoya Organic Manicure	£23.00
Zoya Organic Pedicure	£27.00
Jessica Manicure	£22.00
Jessica Pedicure	£26.00

£2 surcharge for treatments carried out by Jemma

Nail Extras

File & Polish	£15.00
Shellac Removal	£7.00
Gel Removal	£10.00
Removal with Re-Application	£5.00
French Polish	£5.00
Effects/Glitter up to 2 Nails	£3.00
Effects Glitter more than 2 Nails	£6.00
Nail Art from	£5.00
Repairs from	£5.00
IBX Initial Treatment	£16.00
IBX Maintenance	£11.00

March Offers

Also pre-bookable for April

TREAT YOURSELF TO A

Gel Manicure

only £25

Gel Pedicure

only £27

Choose from over 200 different nail colours!

includes a **FREE** Glass of Wine/Prosecco



FREE

Body Pamper Pack

with **ANY** Environ Facial worth £15.00

Creating a Revolution In the Skin Care Industry



ELEMIS

EXCLUSIVE OFFER

Skin Specific Facial & Deep Tissue Back Massage

includes a **FREE** Elemis Mini Body Product



LASER HAIR REMOVAL

Remove unwanted hair safely, comfortably and permanently

Course of 6 treatments for Under Arm Hair Removal

Using our LightSheer™ XC Laser Hair Removal Machine

only £180

Beauty at The Gate

The Room at The Gate

Opening Hours

Monday - Friday 9:15am – 8:45pm

Saturday 9:15am – 5:00pm

Sunday 11:00am – 4:00pm

We are open 7 days a week. Because we know how busy life can be. We're there for you when you need us, which is usually outside of office hours, when you're not working and the shops are closed. We know how hard it is trying to fit in some 'me' time so we offer appointments every weekday up to 8:45pm, on Saturdays to 5:00pm and we even open on Sunday between 11am and 4:00pm. Telephone: 01472 289555

